



Barker Road Methodist Church
Kindergarten

"Train a child in the way he should go..." Proverbs 22:6

MENU FOR AM SESSION

MONDAY	Milo and Biscuits (Cheese Cracker / Animal Biscuit / Susu Cracker)
TUESDAY	Shredded Chicken Porridge with Shredded Carrots
WEDNESDAY	Char Siew Pau (Chicken Meat) / Siew Mai (Chicken & Shrimp)
THURSDAY	Meehoon with Chye Sim, Bean Sprouts and Shredded Carrots
FRIDAY	Fish Porridge with Bean Curd and Shredded Carrots

MENU FOR PM SESSION

MONDAY	Yang Chow Fried Rice with Mixed Vegetables / Olive Rice with Egg Omelette, Tomatoes, Onions, Garlic, Silver Fish and Spring Onions
TUESDAY	Meehoon Soup with Fish Slices and Seasonal Vegetables / Chicken Hor Fun with Seasonal Vegetables
WEDNESDAY	Mixed Noodles with Fish Cake, Bean Sprouts and Chye Sim / Fishball Bee Tai Mak Soup with Vegetables and Shredded Carrots
THURSDAY	Fishball Meehoon/Mee Soup with Bean Sprouts and Chye Sim / Chicken Macaroni Soup with Vegetables and Shredded Carrots
FRIDAY	Chicken Rice served with Cucumber, Tomatoes and Chicken Broth (upon request) / Lemon Chicken served with Rice, Mixed Vegetables and Chicken Broth (upon request)

NB:

- All food served is non halal. BRMCK reserves the right to make adjustments to the school menu as and when it deems fit.
- To encourage students to eat more vegetables and fruit, all BRMCK students are to bring an uncut apple, orange or pear to school every Monday to share with his/her classmates during meal times.

SPECIAL DIETARY REQUIREMENTS

Students with special dietary requirements and / or preferences are strongly encouraged to bring their own packed meals from home as we regret we are not able to accommodate the special dietary requirements and / or preferences of individuals.

Thank you for your kind understanding and cooperation.